### Dear Parents,

#### Children's Mental Health Week

The children began to learn about the importance of mental health compared with physical health. They discussed how they could see when someone had hurt their bodies physically, but it wasn't always obvious when someone was mentally unwell. The theme for this year was 'Find Your Brave' and the children learnt that life is all about taking small brave steps every day. Bravery could be about sharing worries and asking for help when you need it, trying something new or making the right choices. The children read a story 'The Making of Milton', a boy was had lost his courage but was given a jar of courage to help him find his bravery.

### E-Safety Week

The class watched a variety of clips featuring Jessie and Friends, found on the 'thinkuknow' website. Each episode focuses on a different aspect of online safety, including watching videos, sharing pictures and playing games.

### <u>English</u>

The class continued reading the book 'Tree' by Britta Teckentrup, coming to the end of the story. The children described how the tree had changed throughout the seasons and were able to use adjectives to describe the scenes.



# <u>Maths</u>

This week, the children were introduced to the 'greater than' and 'less than' symbols (< and >), learning about 'Ali the Alligator' who only eats bigger numbers. The children were able to place Ali in between numbers, showing their understanding of the concept of greater and smaller.

## Jewish Studies

We spoke about all the benefits that trees give to the world and human beings and linked it with Tu Bishvat. We also continued to rehearse for the Chagigat Hasiddur.

## <u>lvrit</u>

This week Year 1 started learning words for Tu Bishvat ט'ו בִּשְׁבַט. The class learnt the words תַפּוּז (Tapuz – orange), תָמָר (Tamar – date), למפוז (Shaked – almond), צָלֵה (Etz – tree), אַרָמַה (Ale – leaf), אָרָמַה (Adama – ground) and started creating sentences using them.

The class learnt the song - הגינה בערוגת You can find the song on https://www.youtube.com/watch?v=bKj1FFqZLz4

#### Next Week

In English, the children will be writing their own version of 'Tree'.

In Maths, the class will be doubling and halving.

In Topic, Year 1 will be learning about different types of animals.

In JS, the class will learn the Parasha and focus on the Ten Commandments.

## Ideas for things you could do at home

- Please read with your child and sign their reading diary.
- > Practise their letter and number formation, ensuring they start and finish in the correct place.

#### **Reminders**

- > Our week's attendance was 97.50%. Weekly attendance needs to be over 96%.
- Library is on a Wednesday.
- > Children's individual reading books will be changed when they have read both books on either a Monday or a Thursday.
- > Children's Hebrew reading will be checked on a Tuesday and returned on a Wednesday.
- > Write in the link book if your child is going home with someone else.

## POINTS TO NOTE

Due to timetable changes, the children no longer need to come into school wearing their PE kits. They will, however, be going home in their PE kits on a Wednesday.

Shabbat Shalom, The Year One Team

#### Continuous Provision

The children have continued working on the following activities to enhance their learning this week:

Phonics: reading e-safety discussion cards

Maths: completing 'number of the day' Funky Fingers: using tweezers to find beans in sand

Creative: decorating and filling their courage jar

Writing: writing times when they have been brave

Topic: animal habitat sorting Jewish Studies: write a letter to the trees to thank them for all the things they give us.