

Dear Parents,

We have had a busy and fun week working very hard focusing on Mental Health Awareness and E-Safety.

Mental Health Awareness Week

We focused a lot this week on helping the children understand the importance of mental health as well as a physical health. We discussed how taking care of our mental health is similar to looking after our bodies. We explored different ways we can look after our mental health as well as how to relax and let our brain rest. We linked this with 'Inside Out Day' as we spoke about how dangerous it is to keep our emotions bottled up. We also related this to the Zones of Regulation and read a book called 'Angry Arthur' where we explored why it is so important to not let our anger boil up until we enter the 'red mist'. We enjoyed a session of mindfulness colouring where we practised our breathing and emotional regulation.

E-Safety Week

This week has also been E-Safety week. To help explain to the children the point of being safe on the Internet, we were fortunate to have a session about online safety and which apps are suitable and which ones are not. Following the session, the children created E-Safety posters where they explained what you should do if something inappropriate pops up online. We also had a session run by digital leaders about the word 'consent' and how if we are on an app which is not age-appropriate we must always ask your parents first.

Maths

In Maths this week, the children were introduced to the idea of shapes. We explored naming and identifying different 2-D shapes and putting them into two categories: polygons and non-polygons. The children learnt the definitions of these words and were able to identify different polygons and non-polygons and began naming the different shapes. We also looked at 3-D shapes and the connection between 2-D faces on 3-D shapes. The children were able to find the connection and began exploring the class to look for different 3-D shapes.

English

This week in English we continued to work on writing fact sheets about different animals. We began with extending a fact sheet about Moths and adding key information we gathered from a video. We then began to think about how we can apply this information to our fact sheets on different animals that we will be completing next week. This week we have also learnt about the different suffixes 'ment' 'ness' 'less' and 'ful'.

Other areas of the curriculum

In Science this week we began to work on understanding different animal's diets. We explored the key terminology: herbivores, carnivores and omnivores. The children were able to identify the dietary requirements of different animals and categorise them on Venn diagrams. They were also able to explain why humans can be considered herbivores as well as omnivores based on if we are vegetarians or not. This week we have also continued our

work in Gymnastics where we explored how to complete a routine on apparatus safely and end it with a forward roll.

Jewish Studies

This week the children learnt about the "Sheva" rule, when it is sounded and when it is not. In the Parashah lesson we spoke about how the Bnei Yisrael are grateful to Hashem for saving them and they sing a song after the sea split. We too should be grateful for everything Hashem gives us.

Ivrit

This week Year 2 started learning the names of the seven species – שבעת המינים (shivat haminim) of Israel: חיטה (chita) wheat, שעורה (seora) barley, גפן (gefen) grape vine, תאנה (te'ena) fig, רימון (rimon) pomegranate, זית (za'it) olive and תמר (tamar) date.

They are also revisiting the songs 'Eretz chita' and 'Eretz zavat chakav udvash'

<https://www.youtube.com/watch?v=ijFPzN6oGE8>

Things to do at home

- Please continue to read with your child and ask them questions to develop their comprehension skills.

Reminders

- The attendance this week was 90%. Weekly attendance needs to be over 96%.
- Library books can be changed each week during our library session on Friday. Please remind your child to bring in his or her library book.
- School reading books will be changed on a Monday and Thursday.
- A reminder that home learning is collected in on Wednesdays, please remind your child to hand in their home learning.

The Parent Online Safety workshop is on Wednesday 5th February 2020. This is an important event to attend and will give you valuable, up to date information about how to keep you children safe online. Please advise the School Office of your attendance.

Shabbat Shalom,

The Year 2 Team